

### YOUR EDUCATION NEWS SOURCE

## Superintendent Search Update/Invitation November 29



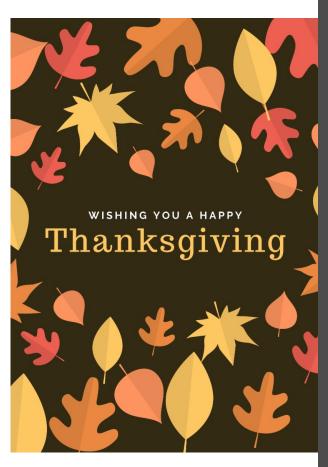
The Mill Valley School District Board of Trustees is conducting intake sessions with the community to gather input about the desired personal and professional qualities anticipated in the incoming superintendent. Please note the following sessions for parents and community members on November 29.

- 5:30pm-6:30pm Community Forum, MVSD District Office (411 Sycamore Ave.)
- 11am-11:45am Elementary Parent Session, MVSD District Office (411 Sycamore Ave.)
- 11am-11:45am Middle School Parent Session, MVMS Conference Room (425 Sycamore Ave.)

View our website for additional information.

### Thanksgiving Break Is Here!

We wish our Mill Valley School District community a restful and enjoyable Thanksgiving Holiday break! November 19-23, 2018



### LCAP Parent Advisory Committee (PAC)

The Local Control and Accountability Plan (LCAP) PAC meetings are open to the public. The purpose of the group is to engage in the LCAP development process through consultation, review, and comment. The

# New Opportunity District-Wide Equity Committee

Join in the district-wide equity work with

upcoming meeting dates are:

Friday, January 11, 2019 Thursday, March 7, 2019 Friday, April 5, 2019 Times to be determined

Please contact <u>Wendy Holmes</u>, Director of Curriculum and Instruction if you have any questions - (415) 389-7716

our Mill Valley School District staff. We're looking for parent/community voices to engage in our work around equity, inclusion, and anti-bias practices.

If you would like to be involved, please contact <u>Wendy Holmes</u>, Director of Curriculum and Instruction, (415) 389-7716.

### **Student Board Meeting Recognition**



Congratulations to the Mill Valley Middle School 6th grade students who were honored at the November 8th school board meeting for demonstrating attributes of the Mill Valley Learner Profile!

Introducing ScreenSense -A Local Community Resource



ScreenSense is a new community resource for Mill Valley families and educators creating a path to healthy technology use. We invite you to check out their website and join the ScreenSense community.

A ScreenSense workshop will be held on Thursday, January 17 from 6:30-8:30 PM at the Mill Valley Community Center. Visit their website to learn more and to join the ScreenSense community.

Mental Health and Media: Tweens & Teens Digital Well Being Parent Ed Event - December 5



Mental Health and Media: Digital Well-Being for Tweens and Teens

It's not hard to find reasons to worry about our kids. The news seems filled with stories about how smartphones, social media, and video games are ruining kids' lives and the very social fabric of our communities. How can we move beyond alarmist headlines to understand what's going on and how it's really affecting our kids?

Join Common Sense to discuss topics ranging from cyberbullying to FOMO ("Fear of missing out"), with a focus on what the latest research can tell us about the connections among digital life and anxiety, depression, body image, and more. This presentation will provide parents and educators with practical tips, signs to watch for, and a better understanding of how to make media and tech a positive force in kids' lives.

Developed with support from



www.commonsense.org



Hosted by
Katherine Delmar Burke School
Featured Speokers
Dana Blum
Bay Area Senior Director, Common Sense
Alexandra Hamilet, PsyD
Clinical Psychologist, Child Mind Institute
Time and Location
Wednesday, December 5, 2018

Wednesday, December 5, 2018 8:30 a.m. to 10:00 a.m. 7070 California Street San Francisco, CA 94121

support.commonsensemedia.org/kdbs

### Air Quality Reminders

#### MESSAGE FROM MARIN COUNTY PUBLIC HEALTH OFFICER

As a reminder, air quality in Marin County continues to be effected by the fire in Butte County. The air quality in the Bay Area has remained at red levels (unhealthy) or higher throughout the weekend. These ongoing conditions have also contributed to the progressive deterioration of air quality throughout our community inside and outside.

Guidance continues to be:

- Outdoor physical activity should be limited or avoided entirely.
- Keep windows and doors closed as much as possible.
- If air conditioning is available, set it to recycle indoor air.
- Students with asthma should follow their asthma action plans and keep their quick-relief medicine close at hand.

Additional information can be found at the Marin County Health and Human Services website and AirNow.gov.

### Schools Fire Relief Fund

Many have inquired about how to help the victims of the Butte County wild fire. The Butte County Office of Education created the <u>Schools Fire Relief Fund</u> to provide a one-stop location where individuals or organizations can provide support directly to schools in Butte County.

Donations can be made online at: <a href="https://www.nvcf.org/fund/butte-county-schools-fire-relief-fund/">https://www.nvcf.org/fund/butte-county-schools-fire-relief-fund/</a>

Mill Valley School District | 415-389-7700 | contact@mvschools.org | mvschools.org

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